



Apprentice School Student Association

Northrop Grumman Newport News
4101 Washington Avenue
Newport News, Virginia 23607



Fred Canady – 2005 Vice President

Fred started the Apprentice School August 6, 2001 as a painter/insulator in the X33 department. He was fresh out of high school in Atlanta Ga. and chose X33 because he previously painted cars and thought painting ships could be “fun and challenging.” In 2002, his craft instructor approached him about becoming a delegate for the ASSA. In the spring of 2003, Fred became a delegate and served on the Athletics Committee. In 2004, he decided to run for the position of ASSA Vice-President, winning the election in September. In 2005, Fred began his term as the Vice President and was able to attend several functions in this capacity. Fred stated, “Becoming a delegate and the Vice-President of the ASSA has equipped me with the tools I need to advance within the company and meet life long friends that I will always keep close to my heart.” Outside of the ASSA, Fred completed The Apprentice School’s Advanced ASOC Program, was a charter member of the student section of the JAYCEES, and played four years with the Builders football team. During his football career, Fred broke a couple of school records; was a three time first team All-ACFC Player of the Year, and National Defensive Player of the Week. Fred believes the past five years have been a “true blessing from god” because of the skills he has learned, the education he has received, and the career he has begun.